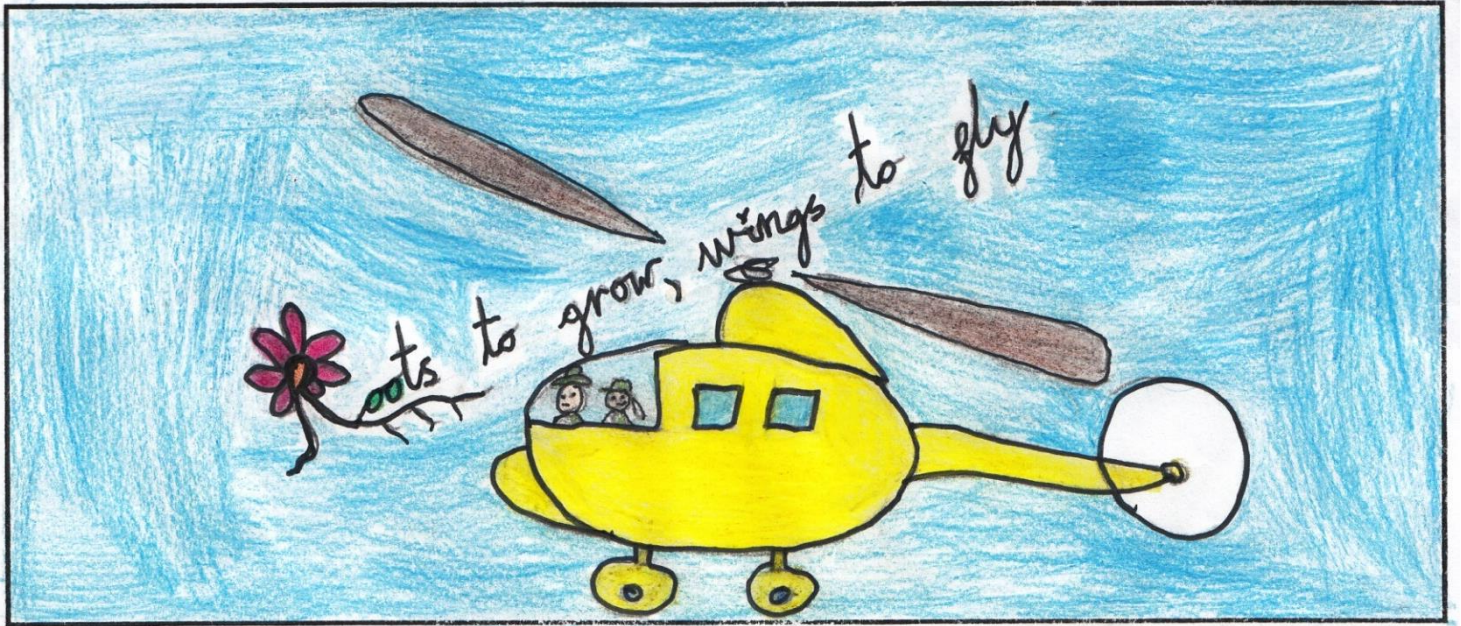


Akrotiri School Newsletter

29th September 2017



Golden Mentions of the Week

**Ollie Tait
Lilly Edwards
Grace Chappell
Jessica Canham
Ava Hunt
Jessica Edwards
Hope Davies
Charlotte Chappell**

**Jack Doherty
Cole Brett
Lewys Gregson
James Martin
Kyra Leirer
Ffion Larwood
Charlie Abbott**



Golden Mentions of the Week ending 22nd September

**Aston Ellis
Bertie De-Long
Ethan Bellis
Holly Witham
Daisy Roberts
Chloe Edwards
Deena Richards
Oliver Maughan**

**Millie Gardner
Isabella Dalkin
Grace Dickinson
Lucy Collins
Alyssa McNamara
Lucy Tomlinson-Smale
Chloe Reeves**

'Don't stop me Now!' DVD

It is with great excitement that I can confirm that the DVD of 'Don't Stop Me Now!' filmed as part of our Big Arts Week, is currently being copied and will soon be coming home with your child. St. John's School are kindly working on creating the 130 copies of the DVD which were sold in the last week of school. All the profit from the sale of the DVD is going back into the School Fund for use across the school to enhance all the children's learning. With Christmas fast approaching, if anyone would like to order any additional copies of the DVD or did not have a chance to order it last term, then there be one further viewing. The DVD will be screened in the main school hall at 1200 hrs on Tuesday 3rd October which is the start of the open afternoon. I will keep you updated on the production of the DVD in further newsletters!

Vicky Flynn Arts Curriculum Team Leader

Head Teacher Update

Dear Parents/Carers,

CBF Commendation

I was absolutely thrilled last week to hear that Akrotiri School is to receive a CBF commendation for the improvements that have taken place in school recently. This is a wonderful acknowledgement of the hard work, commitment and drive of the whole school community: the staff team, the pupils, the parents, members of the SGC and all the sections on station that ensure that our school sits at the heart of the RAF Akrotiri community. It will be a privilege to collect the award on behalf of the school. I would really like the whole school community to come along too – to this end I am hoping that we can do the reverse! I am working with the Station Commander to find a date for a whole school Garden Party when we can once again be awarded our Commendation by CBF with the Station Commander also in attendance. I will inform everyone as soon as we have a date secured.

Staffing

The senior leadership of MoD Schools has undergone changes recently. As many of you will be aware, Mrs Carole Yates, the previous Headteacher of Episkopi School and Headteacher Support in Cyprus, is now our Senior Principal based at Upavon in the UK. She is already making positive changes and improvements to MoD Schools, one of which is to appoint a new School Improvement Partner who is to be based here in Cyprus. Her name is Cynthia Symon and she will soon be joining us from Germany. She will provide support and challenge to all schools on island and provide a vital link to improve our cross school links and share the good practice in all our schools. She has previously worked in school and provided support to both teachers and leaders and she is a valued addition to the wider Cyprus team.

Closer to home, we are saying a fond farewell to Mrs Donna Gregson who is one of our valued LSAs. She has been with us for 2 years. We wish her and her family well in their move back to the UK.

New Governors

I thoroughly enjoyed welcoming 3 new governors to school yesterday for their induction. We are pleased to welcome Mr Anthony Ballard, Mr Dan O'Connor and Mr Brad Chandler to the SGC. I am sure that they will be a valuable asset to what is already a strong and committed team. We have introduced a 'Governor of the Month' this year in order to ensure that a governor is always invited to whole school events. They will be writing a section for the newsletter to share with you what they have seen. I shall look forward to being able to publish their first report.

Rebecca Robinson
Headteacher

MEDICAL ISSUES

Meningitis Awareness week 18th – 25th September 2017

Following on from Meningitis Awareness week (18th – 25th September 2017) we would like to take the opportunity to remind people of the signs and symptoms of Meningitis and Septicaemia.

Children and Adults



Fever,
cold hands
and feet



Vomiting



Drowsy,
difficult to
wake



Confusion
and irritability



Severe
muscle
pain



Pale, blotchy
skin
Spots/rash



Severe
headache



Stiff neck



Dislike
bright
lights



Convulsions/
seizures

www.MeningitisNow.org

Meningitis
now

IMPETIGO

Impetigo is a common and highly contagious skin infection that causes sores and blisters. It's not usually serious and often improves within a week of treatment or within a few weeks without treatment.

Impetigo is the most common skin infection in young children in the UK, but it can affect people of all ages.

Symptoms of impetigo

There are two types of impetigo:

- non-bullous impetigo – the most common type
- bullous impetigo

The symptoms of both types are described below.

Non-bullous impetigo

The symptoms of non-bullous impetigo begin with the appearance of red sores – usually around the nose and mouth but other areas of the face and the limbs can also be affected.

The sores quickly burst leaving behind thick, golden crusts typically around 2cm across. The appearance of these crusts is sometimes likened to cornflakes stuck to the skin.

After the crusts dry, they leave a red mark that usually fades without scarring. The time it takes for the redness to disappear can vary between a few days and a few weeks.

The sores aren't painful, but they may be itchy. It's important not to touch or scratch the sores because this can spread the infection to other parts of the body, and to other people.

Other symptoms, such as a high temperature (fever) and swollen glands, are rare but can occur in more severe cases.

Bullous impetigo

The symptoms of bullous impetigo begin with the appearance of fluid-filled blisters (bullae) which usually occur on the central part of the body between the waist and neck, or on the arms and legs. The blisters are usually about 1-2cm across.

The blisters may quickly spread, before bursting after several days to leave a yellow crust that usually heals without leaving any scarring.

The blisters may be painful and the area of skin surrounding them may be itchy. As with non-bullous impetigo, it's important not to touch or scratch the affected areas of the skin.

Symptoms of fever and swollen glands are more common in cases of bullous impetigo.

When to seek medical advice

Speak to your GP if you think you or your child may have symptoms of impetigo.

Treating impetigo

Impetigo usually gets better without treatment in around two to three weeks.

However, treatment is often recommended because it can reduce the length of the illness to around seven to 10 days and can lower the risk of the infection being spread to others.

The main treatments prescribed are antibiotic creams or antibiotic tablets. These usually have to be used for around a week.

Preventing the spread of impetigo

During treatment, it's important to take precautions to minimise the risk of impetigo spreading to other people or to other areas of the body. Most people are no longer contagious after 48 hours of treatment or once their sores have dried and healed. It's important to stay away from work, school, nursery or playgroup until this point.

The advice below can also help to prevent the spread of the infection:

- don't share flannels, sheets or towels with anyone who has impetigo – wash them at a high temperature after use
- wash the sores with soap and water and cover them loosely with a gauze bandage or clothing
- avoid touching or scratching the sores, or letting others touch them – it may help to ensure your nails are kept clean and short
- avoid contact with newborn babies, preparing food, playing contact sports, or going to the gym – until the risk of infection has passed
- wash your hands frequently – particularly after touching infected skin
- washable toys should also be washed – wipe non-washable soft toys thoroughly with a cloth that has been wrung out in detergent and warm water and allowed to dry completely

If you think that the infection has spread to someone else, make sure they're seen by a GP as soon as possible.

Medical issue

Threadworm - Periodically we like to send out information which we think may be useful to parents. Please see the sheet enclosed, concerning recognising the symptoms of and treating Threadworm, which you may find of interest.



Happy Halloween

Disco

Come and party with us on Thursday 2nd November, wear your scariest costume!

Y1-Y3 will party at 1415-1515 hrs

Y4-Y6 will party at 1530-1630 hrs

Entrance fee €2.50 and includes a snack and drinks, in the School Hall.

UNLESS YOU'RE TOO SCARED!!!!

By Syrlene
Secretary of the School Council

Year 5 have been busy exploring the characters from our novel 'There's a Boy in the Girls' Bathroom' using a range of drama techniques. The pupils stood, walked and answered questions as the characters. In groups, the pupils then created freeze frames from the story. We thought-tracked each of the characters and their feelings at key points! It was a busy - but productive and theatrical session! Well done Year 5!



Cornerstones Curriculum Yearly Overview – 2017 / 18

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
FS1	How much do you love me?	Can we explore it?	Why is water wet?	Did dragons exist?	Are eggs alive?	Why can't I have chocolate for breakfast?
FS2	Do you want to be friends?	Why are carrots orange?	Why don't snakes have legs?	Will you read me a story?	Are we there yet?	Can I switch it on?
Year 1	Paws, Claws and Whiskers	Superheroes	Bright Lights, Big City	Rio de Vida	Dinosaur Planet	Memory Box
Year 2	Land Ahoy!		Towers, Tunnels and Turrets		Beachcombers	Bounce
Year 3	Scrumdiddlyumptious	Tribal Tales	Hola Mexico	Predator	Tremors	Mighty Metals
Year 4	Potions / Burps, Bottoms and Bile		Road Trip USA	Misty Mountain Sierra	Traders and Raiders/ 1066	
Year 5	Ancient Egyptians		Off with her Head		Star Gazers	
	Time Traveller					
Year 6	Darwin's Delights and Revolutions		Frozen Kingdom	A Child's War	Ancient Greece/ Cyprus	

Academic Calendar

AUTUMN TERM 2017

Staff Training Days	Monday 4 th & Tuesday 5 th September
First day for children	Wednesday 6 th September
Half Term	Monday 23 rd October – Friday 27 th October
Last Day of Term	Wednesday 20 th December

SPRING TERM 2018

First Day for children	Monday 8 th January
Half Term	Monday 12 th February – Friday 16 th February
Last Day of Term	Thursday 29 th March

SUMMER TERM 2018

Staff Training Day	Monday 16 th April
First Day for Children	Tuesday 17 th April
May Day Holiday	Monday 7 th May
Half Term	Monday 28 th May – Friday 1 st June
Last Day of Term	Tuesday 24 th July



SCHOOL TRIPS / EVENTS / ACTIVITIES

YEAR GROUPS	WHAT AND WHEN	TIME	WHERE
	SGC Meeting	1800 hrs	School
Y1-Y6	Open Afternoon for Parents Tuesday 3rd October	1200 – 1330 hrs	Classes
	School Photographs 18th October		More details to follow
Y1-Y6	Parent/Teacher Consultations 14th & 16th November		More details to follow

AKROTIRI RIDING CLUB
DOG SHOW
 SUNDAY 1ST OCTOBER
 0930 START

Best Puppy
Prettiest Bitch
Best Six Legs
Best Fancy Dress

Best Rescue
Child Handler Class
Most Handsome Dog
Waggiest Tail
CHAMPION!

SPECIAL OFFER!
 BUY 2 CLASSES BEFORE
 THE DAY & GET ONE
 FREE!

**5 EUROS
PER
CLASS**

BFBS

BFBS' VERY OWN ANTHONY BALLARD AS COMPERE!
 LOTS OF STALLS TO LOOK AROUND TOO!

AGILITY CLASS WILL BE ON ALL DAY – 3 EUROS ENTRY

Contact us!
 Akrotiriridingclub@gmail.com
 00447951071451
 Office Open hours:
 Tues-Sun 10.30 – 12.00