

**Overarching Principles...Honesty Empathy Aspiration Respect Teamwork**

**PSHE**  
**ROOTS TO GROW, WINGS TO FLY**

**Curriculum Drivers:**  
**Personal** – our world - context – society  
**Originality** – oracy – adventure – risk – aspiration – creativity  
**Well-being** – mental and physical – meta cognitive – learning powers  
**Environment and Nature** – environment – sustainability  
**Real** – Here and Now - current affairs – topical

**Knowledge (SL)**

**Skills (SL)**

**Context (Teacher)**

What should all pupils know having been to Akrotiri School? (SL and Teacher)

<b>Year 1</b>	New Beginnings (SEAL)		
	Respecting ourselves and others (School Value – Teamwork)	How behaviour affects others; being polite and respectful	
	Belonging to a community	What rules are; caring for others' needs; looking after the environment	
	Respect (School Value – Respect)		
	Keeping safe	Road safety; safety around the home; fire safety	
	Empathy (School Value – Empathy)		
	Going for goals (SEAL) (School Value – Aspiration)		
	Families and relationships	Roles of different people; families; feeling cared for	
	Honesty (School Value – Honesty)		
	Physical and mental health	Keeping healthy; food and exercise, hygiene routines; keeping teeth healthy;	
	Safe relationships	Recognising privacy; staying safe; seeking permission	
	Money and work	Strengths and interests; jobs in the community	
	Growing and changing	Recognising what makes them unique and special; feelings; managing when things go wrong	
	Media literacy and digital resilience	Using the internet and digital devices; communicating online	
Armed Forces Day			
Transition			

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Year 2	New Beginnings (SEAL)		
	Respecting ourselves and others (School Value – Teamwork)	Recognising things in common and differences; playing and working cooperatively; sharing opinions	
	Belonging to a community	Belonging to a group; roles and responsibilities; being the same and different in the community	
	Respect (School Value – Respect)		
	Keeping safe	Safety in different environments; risk and safety at home; emergencies	
	Empathy (School Value – Empathy)		
	Going for goals (SEAL) (School Value – Aspiration)		
	Families and relationships	Making friends; feeling lonely and getting help	
	Honesty (School Value – Honesty)		
	Physical and mental health	Physical activity and exercise; why sleep is important; medicines and keeping healthy; managing feelings and asking for help	
	Safe relationships	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	
	Money and work	What money is; needs and wants; looking after money	
	Growing and changing	Growing older; naming body parts	
	Media literacy and digital resilience	The internet in everyday life; online content and information	
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<b>Year 3</b>	New Beginnings (SEAL)		
	Respecting ourselves and others (School Value – Teamwork)	How behaviour affects others; being polite and respectful	
	Belonging to a community	The value of rules and laws; rights, freedoms and responsibilities	
	Respect (School Value – Respect)		
	Keeping safe	Risks and hazards; safety in the local environment and unfamiliar places	
	Empathy (School Value – Empathy)		
	Going for goals (SEAL) (School Value – Aspiration)		
	Families and relationships	What makes a family; features of family life	
	Honesty (School Value – Honesty)		
	Physical and mental health	Health choices and habits; what affects feelings; expressing feelings	
	Safe relationships	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	
	Money and work	Different jobs and skills; job stereotypes; setting personal goals	
	Growing and changing	Personal strengths and achievements; managing and reframing setbacks	
	Media literacy and digital resilience	How the internet is used; assessing information online	
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<b>Year 4</b>	New Beginnings (SEAL)		
	Respecting ourselves and others (School Value – Teamwork)	Keys to Happier Living: ‘Acceptance’, ‘Meaning’ & ‘Relating’	
	Belonging to a community	What makes a community; shared responsibilities	
	Respect (School Value – Respect)		
	Keeping safe		
	Empathy (School Value – Empathy)	Keys to Happier Living: Theme of ‘Giving’	
	Going for goals (SEAL) (School Value – Aspiration)	Keys to Happier Living: ‘Direction’, ‘Trying out’	
	Families and relationships	Positive friendships, including online	
	Honesty (School Value – Honesty)		
	Physical and mental health	Oral hygiene and dental care Keys to Happier Living: ‘Awareness’, ‘Exercising’, ‘Emotions’, ‘Acceptance’	
	Safe relationships	Respecting differences and similarities; discussing difference sensitively	
	Money and work	Making decisions about money; using and keeping money safe	
	Growing and changing	Introduction to puberty	
	Media literacy and digital resilience	How data is shared and used	
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Year 5	New Beginnings (SEAL)		
	Respecting ourselves and others (School Value – Teamwork)	How behaviour affects others; being polite and respectful	
	Respect (School Value – Respect)		
	Keeping safe (DARE)		
	Empathy (School Value – Empathy)		
	Going for goals (SEAL) (School Value – Aspiration)		
	Honesty (School Value – Honesty)		
	Safe relationships Growing and changing	Responding respectfully to a wide range of people; recognising prejudice and discrimination Puberty – physical and emotional changes; sex and reproduction; families and relationships	
	Money and work	Identifying job interests and aspirations; what influences career choices; workplace stereotypes	
	Media literacy and digital resilience	How information online is targeted; different media types, their role and impact	
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<b>Year 6</b>	New Beginnings (SEAL)		
	Respecting ourselves and others (School Value – Teamwork)	How behaviour affects others; being polite and respectful	
	Belonging to a community	Valuing diversity; challenging discrimination and stereotypes	
	Respect (School Value – Respect)		
	Keeping safe		
	Empathy (School Value – Empathy)		
	Going for goals (School Value – Aspiration) (SEAL)		
	Families and relationships Growing and changing	Puberty – physical and emotional changes; sex and reproduction; gender identity and stereotypes; marriage; pregnancy and birth	
	Honesty (School Value – Honesty)		
	Physical and mental health	Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	
	Safe relationships	Expressing opinions and respecting other points of view, including discussing topical issues	
	Money and work	Influences and attitudes to money; money and financial risks	
	Media literacy and digital resilience	Evaluating media sources; sharing things online	
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