

W3 MONDAY

CHEESE & TOMATO ROLL, FRUIT YOGHURT, FRESH FRUIT



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HAM SANDWICH, FRUIT YOGHURT, FRESH FRUIT



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## CHEESE & TOMATO ROLL, FRUIT YOGHURT, FRESH FRUIT

CHEESE AND TOMATO ROLL: **WHEAT** flour [ (Calcium Carbonate, Iron, Niacin, Thiamine)], Tomatoes [tomato juice], [vegetable oil (palm and rapeseed oil), Water, salt, emulsifier (mono and diglycerides of fatty acids) Onion, [tomato paste, sugar, spirit vinegar, modified maize starch, seasoning blend (dehydrated tomato, dextrose, spices (coriander, nutmeg, cloves, cardamon, cinnamon) , onion extracts (onion oil), (citric acid), (potassium sorbate)], Modified Maize Starch, [crushed chilli, (acetic acid), cayenne pepper, (xanthan gum)], [Thyme, Basil, Marjoram, Oregano, Parsley], Black Pepper], Cheese [**MILK**], Shortening, (potassium sorbate)], Glaze **MILK** protein, maltodextrin,

### Fruit Yoghurt:

PINEAPPLE: Fermented skimmed **MILK, WHEY**, glucose -fructose syrup, sugar, fruits and fruit juice from concentrate, modified starch, vegetable colouring concentrate: carrot

STRAWBERRY: fermented **MILK, WHEY**, glucose - fructose syrup, sugar, modified starch, maltodextrin, flavourings, salt, carrot concentrate.

RASPBERRY: fermented skimmed **MILK, WHEY**, glucose-fructose syrup, sugar, fruits and fruit juice from concentrate, modified starch, vegetable colouring concentrate: carrot, flavourings.

PEACH: fermented skimmed **MILK, WHEY**, glucose-fructose syrup, sugar, fruits and fruit juice from concentrate, modified starch, flavourings.

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## HAM SANDWICH, FRUIT YOGHURT, FRESH FRUIT

Ham Sandwich: **WHEAT FLOUR**, water, **GLUTEN**, ascorbic acid, vegetable oil (sunflower oil), salt, yeast, **BARLEY MALT**, calcium propionate, emulsifiers: single and diglycerides of fatty acids and mono - and diacetyl tartaric acid ester, dextrose, **LACTOSE**, vegetable fats, lecithin's, mono and diglycerides of fatty acids, citric acid esters of mono and diglycerides of fatty acids, acid: citric acid, potassium sorbate, flavouring (**MILK**), colour: b-carotene, vitamins A: Vitamin D, Pork meat, salt, potato starch, spices, **MILK PROTEIN**, carrageenan, (polyphosphates), flavour enhancer: (monosodium glutamate), monosodium erythorbate, acidity regulator: (sodium acetate),

### Fruit Yoghurt:

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RASPBERRY: fermented skimmed **MILK, WHEY**, glucose-fructose syrup, sugar, fruits and fruit juice from concentrate, modified starch, vegetable colouring concentrate: carrot, flavourings.

PEACH: fermented skimmed **MILK, WHEY**, glucose-fructose syrup, sugar, fruits and fruit juice from concentrate, modified starch, flavourings.