

# Nut-aware school Policy

Akrotiri Primary School



**Akrotiri School**

<b>Approved by:</b>	Ben Turner	<b>Date:</b> 14.11.23
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Akrotiri School is committed to offering a safe educational environment for all pupils, including those with food allergies (including nuts and nut products), which can be life threatening.

When the school learns that a child with a food allergy is to complete the admissions process, we will work to determine the precautions and procedures needed to be put in place to support this child's safety and well-being. An Individual Healthcare Plan is developed in accordance with the most current DCYP/MOD Schools policy directive- Supporting Pupils at School with Medical Conditions. This includes consultation with the child, parents and medical or healthcare professionals.

Co-operative efforts between all pupils, parents, physicians, and school staff can further help to minimize the risk of a life-threatening, severe allergic reaction (anaphylaxis). Accordingly, as Headmaster, I have directed the development of this policy that will outline proactive and required responses related to issues of nut allergies.

Akrotiri School has developed this Nut- Aware School Policy, to restrict the presence and ingestion of nuts and nut- based or nut- containing products in school. Our aim is to further protect any children with a high risk of anaphylaxis, as a result of exposure to nuts.

Children with allergies to tree nuts and/or peanuts can have an allergic reaction through contact, airborne particles and/or ingestion. A reaction can occur by touching a nut (contact), having the allergen enter through inhalation (airborne particles) and/or by eating a food item that contains even trace amounts of nut (ingestion).

Some children at risk of anaphylaxis, as a result of nut allergies, will have an allergic reaction through ingestion only; while others will have a reaction by contact, airborne and/or ingestion.

In addition to direct contact risk, there are also cross-contact issues which can result from any nut oils or residue on surfaces or hands.

Nuts and nut products can leave a long-lasting oily residue or particles on surfaces and skin. If a child with a severe nut allergy is exposed to even a small amount, a reaction may be triggered. Each time a child is exposed, (even if a reaction doesn't occur) their risk to a more severe reaction increases. Therefore, we need to ensure that we make every effort to reduce this risk.

All pupils, parents, carers and staff are asked to support the efforts of Akrotiri School, as we strive to maintain a safe, inclusive learning environment for all children. We therefore ask that all stakeholders endeavour that no nuts, nut-based or nut-containing products enter the school for the safety of all pupils and adults in school with nut allergies. This includes products such as cereal bars with nuts, peanut butter, or chocolate and hazelnut spreads such as Nutella.